

# CAMDEN FOOD CO.

PURE • REAL • FUEL

## BREAKFAST

**Egg & Bacon Baguette** £2.99  
Ramsay smoked streaky bacon & free-range egg mayonnaise on a sourdough bread

**Egg & Tomato Baguette (v)** £2.99  
Egg mayonnaise & oven roasted tomatoes on a sourdough bread

## PROTEIN POTS

**Avocado, Egg & Spinach Protein Pot (v)** £2.49  
Avocado, free-range eggs, spinach & honey seeds

**Smoked Salmon & Egg Protein Pot** £3.49  
Smoked salmon, free-range eggs & spinach

## YOGHURTS & FRUITS

**Peach Granola Yoghurt Pot (v)** £2.99  
Peach, low fat greek yoghurt & granola

**Raspberry Chia Yoghurt Pot (df)** £2.99  
Raspberry Soya yoghurt, chia seeds & fresh mint

**Mango Yoghurt Pot (v)** £2.99  
Blended mango and banana with soya milk, topped with granola, blueberries and coconut chips

**Banana & Almond Butter Yoghurt Pot (v)** £2.99  
Banana, almond butter, low-fat Greek yoghurt, honey, honey seeds & fresh mint

**Grape Pot (ve)** £1.99

**Fruit Pot (ve)** £2.49  
Blueberries, mixed grapes, kiwi, mango, melon & pineapple

## SALADS

**Falafel & Houmous Buddha Bowl (ve)** £5.49  
Falafel, houmous, red cabbage, rocket, pepper, spinach, cherry tomatoes & parsley on a bed of quinoa

**Tuna Buddha Bowl** £5.49  
Line-caught tuna, free-range egg, cherry tomatoes, green beans & cucumber on a bed of mixed salad leaves

**Thai Chicken Buddha Bowl** £5.99  
British chicken & tenderstem broccoli with beanshoots, mooli, carrot, salad leaves, mange tout, chilli & mint topped with sesame seeds & coconut chips

## SANDWICHES

**Egg & Super Sprouts Sandwich (v)** £2.99  
Free-range egg mayonnaise & super sprouts on wholemeal bread

**Ham & Cheese Sandwich (v)** £3.99  
Wiltshire ham, Barber's cheddar, lettuce & Dijon mayonnaise on wholemeal bread

## WRAPS

**Falafel & Houmous Wrap** £3.59  
Falafel, houmous, coriander, lettuce & red pepper with a mint yoghurt dressing on a spinach wrap

**Chicken Caesar Wrap** £4.59  
British chicken, lettuce, caesar dressing & hard Italian style cheese on a wrap

## BAGUETTES

**Tuna & Cucumber Baguette** £3.99  
Line-caught tuna, cucumber & Hellman's light mayonnaise on a sourdough baguette

**Mozzarella & Tomato Baguette (v)** £3.99  
Mozzarella, tomatoes, rocket & basil with a green pesto & Hellman's light mayonnaise dressing on a multigrain baguette

**Wiltshire Ham & Barber's Cheddar Baguette** £4.99  
Wiltshire ham, Barber's cheddar & salad on a sourdough baguette

**Chicken, Bacon & Avocado Baguette** £4.99  
British chicken, Ramsay streaky bacon, avocado, tomatoes & salad with Hellman's light mayonnaise on a multigrain baguette

## CAKES & PASTRIES

**Blueberry Muffin (v)** £2.49

**Triple Chocolate Muffin (v)** £2.49

**Sweet Potato & Almond Butter Muffin (v)** £2.89

**Lemon & Courgette Loaf Cake (v)** £2.99

**Homemade Protein Balls (ve)** £0.99

Made with dates, almond butter, cocoa powder, chopped almonds and coconut

**Croissant, Pain Au Chocolat, Pain Aux Raisins & Almond Croissant**

## HOT DRINKS

Enjoy our signature full-flavoured 100% arabica coffee - It's Rainforest Alliance Certified too!

Go Dairy free! Almond, Coconut, Soya and Oat milk available