

DESSERTS

Add to any burger or main for only 2.00

WARM CHOCOLATE BROWNIE (V) 4.99
Served with vanilla ice cream and chocolate sauce

ICE CREAM (V) 4.50
Three scoops of your favourite flavours
(please ask for today's selection)

CHOCOLATE ICE-CREAM SUNDAE (V) 6.79
Chocolate brownie and vanilla ice-cream,
topped with chocolate sauce



MAKE IT A TREAT



WINE SPRITZER
Choice of white wine or Rosé topped
with your choice of soda or lemonade.
The lighter way to start your journey!

PROSECCO
A clean, soft fizz with flavours of apple,
pear and a hint of peach

ELDERFLOWER COLLINS
Gin, fresh mint and lemon, finished with
Bottlegreen Sparkling Elderflower

HOT DRINKS

CAPPUCCINO

LATTE

FLAT WHITE

AMERICANO

ESPRESSO

DOUBLE ESPRESSO

MOCHA

HOT CHOCOLATE

ENGLISH BREAKFAST TEA

EARL GREY TEA

HERBAL TEAS

Add Hazelnut, Caramel or Vanilla Syrup

CHILDREN'S MENU

Please ask at the bar. Suitable for children aged 10 and under.

HOW DID WE DO?

Tell us how we did today and enter our quarterly draw to win a £350 Amazon voucher
www.eatonthemove.com 020 7529 8369

We do occasionally have to substitute products so you must advise us of any allergies / dietary requirements on every visit as our recipes do change. Allergen information on all recipe ingredients is available upon request, however please be advised that we do use most, if not all allergens in our kitchens. We also cook different foods in the same equipment. Should you require further information regarding ingredients or the cooking process, please ask your server at time of ordering. (v) These dishes are suitable for vegetarians (Ve) These dishes are suitable for vegans. Our fish and meat dishes may contain small bones.

The GRAIN LOFT

BEER, WINE & FOOD

LUNCH & DINNER

HOW TO ORDER

1

FIND A TABLE AND
NOTE THE NUMBER

2

ORDER YOUR FOOD
AT THE BAR

3

RELAX...
WHILE WE DO THE REST

WE AIM TO SERVE ALL DISHES IN 15 MINUTES...

PLEASE LET US KNOW IF YOU'RE IN A HURRY OR IF YOU'RE TRAVELLING ALONE
AND ONE OF OUR FRIENDLY STAFF MEMBERS WILL TAKE YOUR ORDER AT THE TABLE!

ALL DAY BREAKFAST


ALL DAY BREAKFAST 12.99

Two rashers of back bacon, two pork sausages, two fried eggs, roasted tomato, baked beans and chips
Add Toast & Butter 1.99

AVOCADO & EGGS (V) 14.29

Creamy avocado seasoned with chilli and lemon, served with poached eggs on a toasted English muffin with chips
Add Two Rashers of Bacon 2.29

MAINS

All our fish dishes are served with  tartare sauce

BEER BATTERED MIXED FISH BASKET 15.99

Freshly beer battered fish, king prawns and calamari, served with chips, mushy peas and tartare sauce
Add Bread & Butter 1.99
Double up your chips or swap to sweet potato fries 1.00

CHICKEN TIKKA MASALA 14.99

Homemade with our secret house spices and served with rice and poppadom

CHICKPEA & BUTTERNUT SQUASH CURRY (Ve) 14.29

Butternut squash, lentil and chickpea curry served with rice and poppadom



BBQ HALF CHICKEN



BEER BATTERED MIXED FISH BASKET

BEER BATTERED FISH & CHIPS 13.99

Freshly beer battered fish, served with chips, mushy peas, tartare sauce and buttered bread

BBQ HALF CHICKEN 16.29

Hickory BBQ grilled chicken served with chips and homemade slaw

KOREAN HALF CHICKEN 17.29

Grilled half chicken with our special Korean BBQ sauce and slaw. Served with spiced sweet potato fries

DOUBLE UP
YOUR CHIPS!
1.00

SANDWICHES & SALADS

Our sandwiches are served with  hand cooked potato crisps

CHICKEN & BACON CLUB 11.99

A classic club with tender chicken, back bacon, tomato, lettuce and mayonnaise
Swap to Fried Chicken 2.50

STEAK CAESAR SALAD 13.49

Lettuce tossed in Caesar dressing and topped with Italian cheese shavings, homemade croutons and British steak
Add Poached Eggs 2.99

CHICKEN CAESAR SALAD 11.79

Tender chicken and lettuce, tossed in Caesar dressing and topped with Italian cheese shavings and homemade croutons
Add Bacon or Poached Eggs 2.29
Swap to Fried Chicken 2.50

STEAK SANDWICH 13.99

Rump steak topped with sautéed onions, Dijon mustard mayonnaise and peppery rocket

RAINBOW QUINOA SALAD (Ve) 12.99

Carrot, beetroot, kale and avocado with mixed seeds in a herb and lemon dressing
Add Poached Eggs 2.29

PULLED PORK SANDWICH 12.99

Hickory BBQ pulled pork topped with homemade slaw in a classic bun

CLASSIC CAESAR SALAD (V) 9.79

Lettuce tossed in Caesar dressing and topped with Italian cheese shavings and homemade croutons
Add Poached Eggs 2.29

SHARERS

ULTIMATE NACHOS 11.79

Tortilla chips topped with Hickory BBQ pulled pork, cheese, chunky salsa, sour cream, guacamole and jalapeños.
Perfect for sharing!

MEXICAN LOADED CHIPS (V) 10.50

A twist on our classic nachos! Hot chips topped with cheese, chunky salsa, sour cream, guacamole and jalapeños

VEGETARIAN NACHOS (V) 9.79

Tortilla chips topped with cheese, chunky salsa, sour cream, guacamole and jalapeños

HOMEMADE MAC & CHEESE (V) 7.29

With cheddar cheese and béchamel sauce

TRIO OF CHIPS (V) 8.99

Sweet potato fries, chips and cheesy chips

HOUSE SPECIALS

FRIED CHICKEN AND CHIPS 16.99

24 hour marinated buttermilk fried chicken served with chips and homemade slaw

SEAFOOD LINGUINE 16.50

King prawns and calamari in a garlic, lemon, chilli and butter sauce. Served with garlic bread

COTTAGE PIE 16.99

Traditional British beef cottage pie served with buttered vegetables

SMOKED HADDOCK FISHCAKES 15.99

Smoked haddock fishcake served with creamed leaks and chive oil

SOUTHERN FRIED CHICKEN BURGER 16.29

Our Southern style crispy fried chicken stacked with avocado, bacon and lashings of our homemade baconnaise. Served in a classic bun with chips

KOREAN CHICKEN BURGER 16.29

Golden fried buttermilk chicken, topped with our special spicy Korean BBQ sauce and slaw. Served in a classic bun with chips

PENNE ARRABIATA (V) 11.99

Penne pasta in a traditional tomato sauce with Italian herbs and hard cheese shavings
Add Chicken 2.00

Add a dessert
to any main or
burger 2.00

BURGERS

All our burgers are served in a classic bun with chips. Non gluten containing bun available on request

DOUBLE YOUR CHIPS OR SWAP TO SWEET POTATO FRIES 1.00

THE ULTIMATE BURGER 16.29

Beef burger with Hickory BBQ pulled pork, back bacon, cheese, red onion, tomato, lettuce and mayonnaise

BBQ CHICKEN & BACON BURGER 15.79

With Hickory BBQ sauce, topped with cheese, back bacon, red onion, tomato, lettuce and mayonnaise

THE GRAIN LOFT BURGER 12.50

CHEESE & BACON BURGER 13.99

With cheese, back bacon, red onion, tomato, lettuce and mayonnaise

FALAFEL BURGER (Ve) 12.99

Spiced falafel burger with lettuce, red onion, tomato and smoked ketchup
Suitable for vegans!

CHICKEN BURGER 13.50

LOADED BURGERS

DOUBLE LOADED BEEF BURGER 17.49

Two juicy beef patties topped with double cheese, double back bacon, red onion, tomato, lettuce and mayonnaise

DOUBLE LOADED CHICKEN BURGER 18.29

Two chicken burgerstopped with double cheese, double back bacon, red onion, tomato, lettuce and mayonnaise

LOADED BEEF BURGER 15.49

Our house burger topped with double cheese, double back bacon, red onion, tomato, lettuce and mayonnaise

LOADED CHICKEN BURGER 17.29

Our chicken burger topped with double cheese, double back bacon, red onion, tomato, lettuce and mayonnaise



DOUBLE LOADED BEEF BURGER

DOUBLE UP YOUR CHIPS 1.00

FRIES + SIDES

CHIPS (V) 4.29

CHEESY CHIPS (V) 4.79

GARLIC BREAD (V) 4.00

HOMEMADE SLAW (V) 4.29

SWEET POTATO FRIES (V) 4.99

CHEESE & BACON CHIPS 4.99

GARLIC BREAD WITH CHEESE (V) 4.00

SIDE SALAD (V) 4.29

HOMEMADE MAC & CHEESE (V) 7.29

SPICY PERI CHIPS (V) 4.50

CRISPY FRIED CHICKEN 2.99

BACONNAISE 1.00